

No Screen Time Until....

- You have read for 20 minutes
- You have written your paragraph of the day
- You have finished your math problem of the day
- You have checked your room to be sure it's clean (bed, clothes, papers)
- You have played, built, crafted, or have done something else creative for 40 minutes
- You have finished one chore (and it is done well enough that Mom/Dad will say you did a great job!)

Source: yourmodernfamily.com



Continental
inspire every learner