

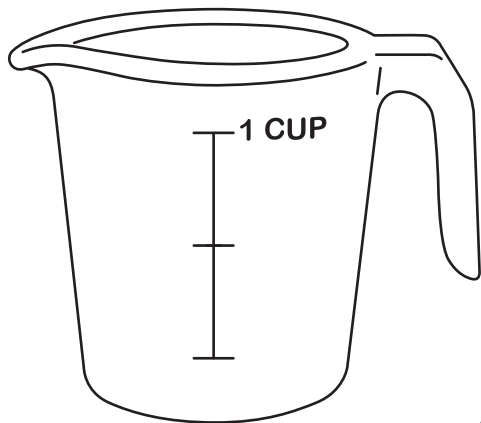
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A **cup** is a measure of capacity. It is used to measure liquids.

A cup always measures the same amount of liquid.

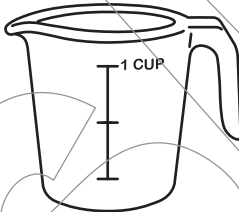
You might measure a cup of milk to put on your cereal.



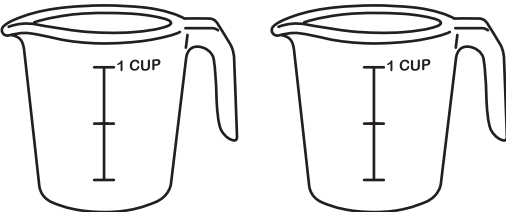
There are two ways to write this capacity:

1 cup  
1 C

Write each capacity.



1 cup

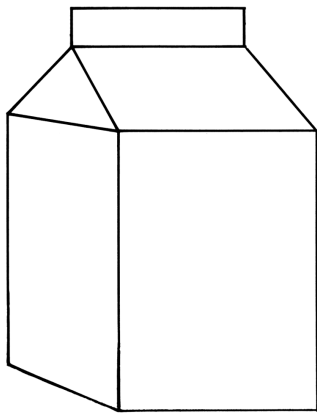


2 cups

A **pint** is a measure of capacity. It is used to measure liquids.

A pint always measures the same amount of liquid.

You might drink a pint of water at lunch.

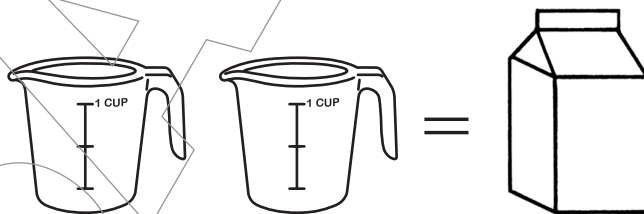


There are two ways to write this capacity:

1 pint

1 pt

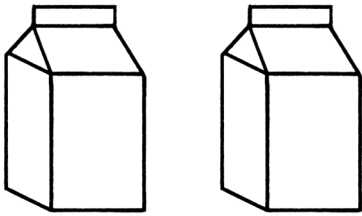
There are **2 cups** in **1 pint**.  
So **2 cups** equal **1 pint**.



**2 cups** = 1 pint

**2 C** = 1 pt

Look at each measure.  
Write the capacity.



2 pints

