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Grams and **kilograms** are metric units of weight.

1,000 grams = 1 kilogram

Some scales are marked in kilograms and grams.



This scale measures weight in grams. The marked numbers are 100 grams, 200 grams, and so on. There are 10 spaces between numbers, so each mark stands for 10 grams.

This banana weighs 150 grams.

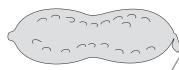
Use grams for small objects or amounts, such as a granola bar or pencil.

Use kilograms for larger objects or amounts, such as a bike or a person.

Abbreviations for metric units of weight:

Read each problem. Circle the letter of the best answer.

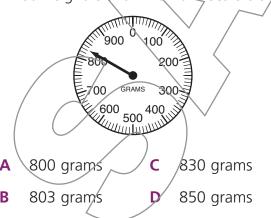
1 Which unit would be **best** for measuring the weight of a peanut?



- **A** grams
- **C** inches
- **B** pounds
- D kilograms

A peanut weighs a small amount. Pounds and kilograms measure heavier amounts. Inches measure length, not weight. The correct answer is A.

2 What weight is shown on this scale dial,



Which tool would be **best** to measure the weight of a bag of ice?

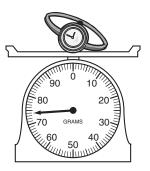








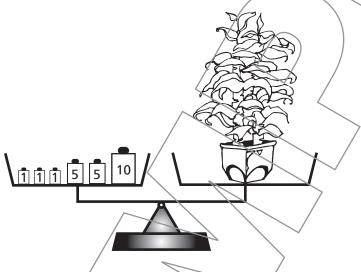
4 What is the weight of this watch, to the nearest gram?



- A 45 grams
- C 74 grams
- **B** 70 grams
- **D** 86 grams

Read each problem. Write your answers. **5** Julian wants to weigh a letter before he mails it. A Which unit would be better for Julian to use, grams or kilograms? Answer: _____ **B** Explain how you know your answer is correct.

6 The weights on the balance scale are marked in kilograms.



A What is the total weight of the plant and the pot?

Answer: _____

B The dirt and the plant weigh a total of 8 kilograms. Which weights can be used to show the weight, in kilograms, of the pot?

Answer: ____

C Explain how you found your answer.